

Illinois State University

ISU ReD: Research and eData

OpenLine Newsletter

Civil Service Council

10-2011

OpenLine Newsletter, October 2011

Civil Service Council
Illinois State University

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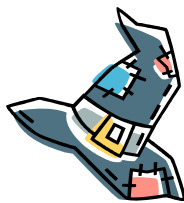
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TIP OF THE HAT

~ Ramona Hartweg, Human Resource Representative

WELCOME TO ISU – SEPTEMBER 2011

- Rachel Hatch, Media Relations
- Christine Horner, English
- Susan Tracy, Women's and Gender Studies
- Laurenn Jarema, Admissions
- Jason Borchardt, Student Technology Support Services



PROMOTIONS/RECLASSIFICATIONS – SEPTEMBER 2011

- Lisa Swan, Admissions/Records Specialist II, Registrar
- Teri Rae Derango, Administrative Clerk, Public Service
- Ranella Wills, Customer Service Assistant, Foundation Administration

RESIGNATIONS – SEPTEMBER 2011

- Nancy Corwin, Health Services
- Elizabeth Rivas, Planning & Institutional Research
- Karyn Fortin, Illinois Special Olympics
- Matthew Smith, Dining Services
- Joseph Vota, Building Maintenance
- Gerry Flesner, Dining Services
- John Becker, Janitorial Services (August)
- John Morton, Dining Services
- Dawn Cagley, Admissions
- Joni Lafever-Brown, Enterprise Systems Support
- Shannon Anderson, Intercollegiate Athletics

RETIREMENTS – SEPTEMBER 2011

- none

QUICK QUOTE



“Being in a band you can wear whatever you want – it's like an excuse for Halloween every day.”

-- Gwen Stefani

[Source: <http://www.comedy-zone.net/quotes/seasonal/halloween.htm>]

FRIVOLOUS FACTS

Under her own name, Agatha Christie wrote 78 thrillers, 19 plays, two autobiographies, one book for children and over 100 short stories. As Mary Westmacott, she also published six romantic novels. During World War I, Agatha Christie worked in a hospital dispensary. When some arsenic was stolen, it gave her the idea for her first book, “The Mysterious Affair at Styles,” and Hercule Poirot was born.

[Source: <http://www.savatree.com/tree-facts.html>]



SERVICE AWARDS

~ David Schaafsma, Human Resources Asst. Director

30 YEARS

- Sharon Ann Stille, 3500 Telecommunications, 10/3/1981

25 YEARS

- Lesley S. Sauder, 5490 Insurance & Financial Services, 10/1/1986

20 YEARS

- Michael Auxier, 9000 Facilities Management, 10/14/1991
- Judy Louise Keenan, 4040 Graduate School, 10/1/1991
- Renee K. Reynolds Seth, 2610 Food Service, 10/14/1991

15 YEARS

- Dennis Scott Augsburg, 9000 Facilities Management, 10/1/1996
- L. Stephen Dennie, 9000 Facilities Management, 10/1/1996
- Paul J. Dillow, 6380 Classroom Technology Support, 10/1/1996
- Lesley Funk, 9100 Campus Services/Grounds, 10/6/1996
- Bonnie F. Lucas, 9150 Energy Management, 10/21/1996
- Joseph R. Outlaw, 9175 Heating Plant, 10/28/1996
- Brian E. Stufflebeam, 2610 Food Service, 10/7/1996

10 YEARS

- Steven P. Chinski, 1200 Comptroller's Office, 10/1/2001
- John A. Copes, 9000 Facilities Management, 10/12/2001
- Valerie Anne Dambold, 5700 School of Theatre, 10/15/2001
- Margarita Delgado, 9100 Campus Services/Grounds, 10/14/2001



POTPOURRI

SYMPATHY – OUR SINCERE SYMPATHIES TO:

- Vince McDaniel, painter, on the loss of his father, Clarence E. “Pete” McDaniel, who passed away on September 6, 2011.
- John Tarter, College of Education Microcomputer Lab Manager, on the loss of his cousin, Diana Randall, who passed away on Friday, September 16, 2011.
- Mark Vollstedt, Building Automation Technician, on the loss of his father, Donald Henry Vollstedt, who passed away on September 22, 2011.



BIRTHS – CONGRATULATIONS GOING OUT TO:

- Lorra Frantz, Cashier's Office, on the arrival of her granddaughter, Payton Francis Ummel, on August 15, 2011. Payton weighed 7lbs. and 6 ozs. and was 20.5 inches.
- Pete Holly, eMerge, on the arrival of his daughter, Piper Marie Holly, on September 11th, 2011. Piper weighed 9 lbs, 7 oz and was 22 inches long.



Your help in providing Potpourri information is needed and appreciated. Feel free to voluntarily provide Potpourri information, taking note of the article deadlines printed in each issue. Report births, marriages, or deaths of immediate family members via email to cscopeonline@ilstu.edu. Notifications are not verified by birth, marriage, or death certificates.

ILLINOIS STATE GOES TO SINGLE-STREAM RECYCLING

~ Eric Jome, Media Relations



Recycling on the Illinois State University campus just got easier. Facilities Management has switched to a single-stream recycling system, eliminating the need to pre-sort items into separate bins.

Effective immediately, the blue indoor bins, recycling containers on the Quad and Reggie recycling containers located across campus will accept ALL of the following items:

- Cans
- Plastic containers
- Glass jars and bottles
- Paper, cardboard and magazines

The following materials that should NOT be placed in recycling bins include:

- Styrofoam
- Plastic Bags
- Food Waste

Each recycling bin will be labeled indicating acceptable and non-acceptable materials. Please direct all questions regarding single-stream recycling to University Recycling at 438-SAVE (7283) or recycling@ilstu.edu.

WELLNESS ACTIVITIES

~ Nikki Brauer, Director, Health Promotion and Wellness

Health Promotion and Wellness is located in Suite 187 McCormick of the Student Fitness Center and McCormick Hall. Our main number is 438-WELL (9355). Registration is required to reserve space in the programs listed below at the website: wellness.illinoisstate.edu.

Healthy You Healthy Earth – Illinois State University Wellness and Sustainability Fair

Thursday, Nov. 17 from 10 a.m. to 3 p.m. in the Brown Ballroom, Bone Student Center
Exhibitors, presentations, food and prizes!

- 11:00 a.m. – *Sleep – Getting Enough?*
- 12:00 pm -- *Reducing Home Energy Costs*
Ron Kelly, Office of Energy Management
- 1:00 p.m. – *What's in Your Personal Care Products?*
Missy Nergard, Office of Sustainability



Lifestyle Enhancement Classes offered – Fees Prorated

Location: Bone Student Center 3rd West Lounge

Noon Yoga – MWF – Noon to 1 p.m.

Balanced Bellies and Backs – TR – 12:15 to 1 p.m.

Yoga with Props – Thursdays – 5 to 6 p.m. (Held in Metcalf 139)

Yoga 8:30 to 9:30 a.m. Saturdays

Registration Forms: wellness.illinoisstate.edu

Targeted Yoga Series

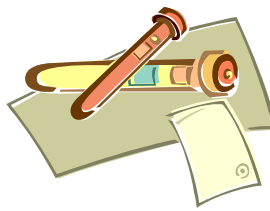
Yoga Stress for Management - Nov. 29, Dec. 6 and 13 (Fee: \$10)

Contact 309-438-WELL (9355) for further information.

Registration Forms: wellness.illinoisstate.edu

Wellness continued...

Cholesterol and Blood Chemistry Screening



Friday, Oct. 21 between 7:30 to 9 a.m. in the Student Services Building.
Fees: Lipid Profile + Chem 30 — \$42 and PSA — \$53. Payment is expected at the time of service.

Appointments are required, reserve by Friday, October 14. Register online: wellness.illinoisstate.edu

Ergonomics for the Office

Pain and discomfort are signals that your body is out of balance; have you considered an adjustment of your work space? One-on-one appointments can be requested to review work postures that increase risk of injury and offer recommendations for a safer, seated work environment.

Ergonomics 101 presentations may be scheduled for your department as a proactive approach to working safer. Contact 438-8845 if interested in the above.

Menu of Healthy Living Presentations: Contact 309-438-WELL (9355) or Nikki Brauer at nbgegel@ilstu.edu to schedule one of the following sessions for your department.

- *How to Achieve Health Goals*
- *Ergonomics 101*
- *Guided Relaxation*
- *Campus Health Behaviors – An Update on Data*
- *Yoga at Your Desk*



Nutrition Guidance

Health Promotion and Wellness offers individual diet analysis and guidance for those striving to improve their lifestyle. If you are interested in scheduling this service, contact Molly Dungan at wellnessnutrition.illinoisstate.edu or 309-438-1882.

Guided Relaxation

Thursday, Oct. 22 from Noon to 1 p.m. in McCormick Room 159
Techniques used to increase mindfulness and promote a state of greater state of relaxation require guidance and practice. Please join Tona Schenck, MA, MFA, as she leads the group through these practical exercises. This session is held while seated in chairs and will not require special apparel.

Family Swims



At Metcalf pool from 1:30 to 3:30 p.m. on Oct. 30 and Nov. 12. Lifeguards will be on duty. All parents/guardians must remain in the pool area. Families are encouraged to bring their own flotation devices. Registration is required.

Massage

Health Promotion and Wellness partners with Aches Away Massage Specialists offer on campus massage on Oct. 27, Nov. 9 and Dec. 1. Fees are \$15 per 15 minute appointment and payment is expected at the time of service. Registration is required.

CLASSIFIED ADVERTISEMENTS

For Sale:

- Acoustic guitar, full size, includes soft case, tuner method book, made by Oscar Schmidt, \$105, excellent condition. Call Julie (309) 830-8773.
- Have a large collection of dolls and old comics. Call (309) 261-9912.
- KILN (Knight) octagon; instructions and accessories. Pourer and pump included. Many nice molds; cleaned, fired greenware. Works fine. \$450 complete. Call (309) 663-2616.



Personal Service:

- Illinois #1 radon mitigation company for quality & customer satisfaction! Licensed over 10 years. David Smith Radon Remedies. Call 309-473-2955.
- Local band seeking booking agent. Call Pat at (309) 530-6550 after 5 p.m.

NOTE: The Civil Service Council does not endorse any of the product(s) or service(s) included in the Classified Ads section of the OpenLine newsletter.

NEXT OPENLINE ARTICLE DEADLINE

The next deadline to submit articles to the *OpenLine* newsletter will be **Wednesday, October 26**. Items pertinent to Civil Service employees can be sent to cscopenline@ilstu.edu.

OpenLine Classified Ad Submission Form

All information must be printed clearly.

First and Last name: _____

Employment status: Full time / part time / retired / _____

Home phone: (_____) _____ - _____

ISU phone: _____ - _____

Best time to reach you at your home phone: _____

E-mail: _____

Campus Box/Dept: _____

Check one category:

- Free Items (\$2)
- Personal Service (\$5)
- For Sale-Auto (\$5)
- Wanted (\$2)
- For Sale-Other (\$2)

ONE word per box. 20 words or less.

Make checks payable to: Civil Service Council - *OpenLine*.

Send this completed form and payment
 by the published classified ad deadline (Oct 26) to:

Maureen Peel, 1100 VP Finance & Planning, 438-5152

For more information about advertising in the *OpenLine*
 visit www.cscouncil.illinoisstate.edu/openline/

