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OpenLine Newsletter

Civil Service Council

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8-2011

## OpenLine Newsletter, August 2011

Civil Service Council  
*Illinois State University*

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## DATES TO REMEMBER

August 31.....OpenLine article deadline  
August 31 .....Next classified ad deadline  
September 5 .....Labor Day  
**September 6..... CS Council meeting @ noon**  
**September 20... CS Council meeting @ noon**

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## QUICK QUOTE

“Learning is not attained by chance, it must be sought for with ardor and attended to with diligence.”

-- Abigail Adams

[Source:  
<http://www.quotationspage.com/subjects/learning/>]



## FRIVOLOUS FACTS



There are more than 2,700 languages in the world. In addition, there are more than 7,000 dialects. A dialect is a regional variety of a language that has a different pronunciation, vocabulary or meaning.

[Source:  
<http://www.factmonster.com/ipka/A0769288.html>]

## 2011-2012 SCHOLARSHIP WINNERS CHOSEN

~Theresa Sanchez, Scholarship Committee Chair

### Carl Johanson Scholarship

The Carl Johanson Scholarship was endowed by Al and Elaine Goldfarb and is named in honor of Elaine's father. The recipient must be an Illinois State University Civil Service employee, a student working toward a degree or diploma at Illinois State University, and have achieved at least junior status.



This year's recipient is **Juliana Duncan** from Alumni Relations. Juliana is majoring in Family and Consumer Sciences in the sequence of Human Development and Family Resources

*Congratulations, Juliana!*

### Civil Service Dependent Scholarships

The Civil Service Dependent Scholarships are awarded to dependents of Illinois State University Civil Service employees each year from ISU Foundation funds. Other scholarships may be awarded to students attending other schools using funds raised by the Civil Service Council. This year, the Council is pleased to announce four recipients:

- **Lindsay Elliot**, daughter of Michael Elliot in Facilities, attending Eastern Illinois University
- **Erin Huddleston**, daughter of Yvette Huddleston in Theatre, attending Western Kentucky University
- **Kevin Mudiandambo**, son of Bin Mudiandambo in University Housing, attending University of Illinois-Springfield
- **Ashley Salzman**, daughter of Tom Salzman in the President's Office, attending Illinois State University



*Congratulations to the winners and their parents!*

## PICNIC ON THE PLAZA

~ Jean Darnall, Civil Service Council

The 11th Annual Picnic on the Plaza sponsored by the Civil Service Council will take place on **Friday, September 16** on the plaza outside Milner Library. Lunch will be served from 11:30 a.m. to 1p.m. The price is \$7 per person.

Contact any Civil Service Council representative to purchase tickets or send a check, payable to the "Civil Service Council" (no cash please), to Jean Darnall, Campus Box 2640, Bone Student Center. Be certain to include your name(s), campus address, daytime phone number and your menu choice (**Chicken or Vegetable Lasagna**). Ticket sales end at the close of business on **Monday, September 12** No refunds will be issued after that time.

## ISU BOWLING LEAGUE SEEKS MEMBERS

~ Gary Duffy, League Vice President

The 2011/2012 ISU Faculty/Staff Bowling League season will be starting soon. Faculty, staff, retirees, spouses and immediate adult family members (living in the family residence) are eligible to participate. The League bowls on Wednesday evenings at the ISU Bowling and Billiards Center. Tentative start time is 4:45 p.m., with lanes open for practice at 4:30. This is a USB sanctioned bowling league. A sanction fee and weekly bowling fees are assessed.



Tentatively the league may begin either August 31 or September 7. An organizational meeting is planned for the week prior to commencing bowling at 4:30 p.m. in the BBC. Our schedule rosters and fees will be determined at the organizational meeting.

If you are interested in bowling, you should contact: Elizabeth Whelan (Secretary) by phone at (8-1813) or email (eawhela@ilstu.edu) or Mike Dargatz (Treasurer) by phone (8-7336) or email ([medarga@ilstu.edu](mailto:medarga@ilstu.edu))

## REDBIRD FOOTBALL

~ Juliana Duncan, Alumni Relations

### ISU vs. Eastern – Football Game and Tailgate

Illinois State University invites alumni and Redbird football fans for a pregame tailgate and the chance to cheer on Illinois State as they take on Eastern Illinois on Thursday, September 1, 2011, at O'Brien Stadium, 600 Lincoln Ave., Charleston.



This game marks Illinois' longest running collegiate football rivalry, as they match up for the 100th game in the series. Don't miss this opportunity to meet Illinois State President Al Bowman and Illinois State's new Athletics Director, Gary Friedman, network with fellow alumni and friends, and enjoy Redbird Football!

**1:30 p.m. Bus departure** from Illinois State University Alumni Center, 1101 N. Main, Normal, IL. (Return trip will immediately follow the game, returning to the Alumni Center.)

#### 4 - 6 p.m. Tailgate

Eastern Illinois University Billy's Backyard Open Tailgate, Southwest of O'Brien Stadium

#### 6:30 p.m. Kickoff

O'Brien Stadium

Bus fee: \$20

Tailgate: \$20 - Includes dinner, all beverages, and spirit pack. Kids 2 and under are free.

Game Tickets: \$17. Kids 2 and under are free.

Please register by August 26 online at [www.Alumni.IllinoisState.edu/football](http://www.Alumni.IllinoisState.edu/football), or call Alumni Relations at (309) 438-2586 or (800) 366-4478.

*If you need special accommodations to participate in these events, please contact Alumni Relations at (309) 438-2586 or (800) 366-4478 with sufficient time to arrange the accommodation.*

## WELLNESS ACTIVITIES

~ Nikki Brauer, Director, Health Promotion and Wellness

Health Promotion and Wellness is located in Suite 187 McCormick of the Student Fitness Center and McCormick Hall. Our main number is 438-WELL (9355).

### Lifestyle Enhancement Classes offered

#### Beginning August 15:

**Location:** Bone Student Center 3<sup>rd</sup> West Lounge

**Noon Yoga** – MWF – 12 – 1:00 p.m.

**Balanced Bellies and Backs** – TR – 12:15 – 1:00 pm

**Yoga** – 8:30 – 9:30 am Saturdays

**Registration at** [wellness.illinoisstate.edu](http://wellness.illinoisstate.edu)

#### Beginning August 22:

**Location:** Metcalf 139

**T'ai Chi 1** – Mondays – 5:15 – 6:15 pm

**T'ai Chi 2** – Wednesdays – 5:15 – 6:15 pm

**Yoga with Props** – Thursdays – 5:00 – 6:00 pm

**Registration at** [wellness.illinoisstate.edu](http://wellness.illinoisstate.edu)

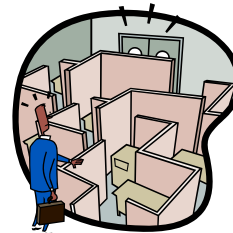


#### Targeted Yoga Series:

- o **Yoga for Healthy Backs** – Sept. 6, 13, 20, and 27 (Fee: \$15.00)
- o **Yoga for Sleep** – Oct. 4, 11, 18, and 25 (Fee: \$15.00)
- o **Yoga Stress for Mgmt.** – Nov. 29, Dec. 6 and 13 (Fee:10.00)

**Registration is required.** Contact 309-438-WELL (9355) for further information.

### Ergonomics for the Office



Pain and discomfort are signals that your body is out of balance; have you considered an adjustment of your work space? One-on-one appointments can be requested to review work postures that increase risk of injury and offer recommendations for a safer, seated work environment.

Ergonomics 101 presentations may be scheduled for your department as a proactive approach to working safer. Contact 438-8845 if interested in the above.

### Menu of Healthy Living Presentations

Contact 309-438-WELL (9355) or Nikki Brauer at [nbgegel@ilstu.edu](mailto:nbgegel@ilstu.edu) to schedule one of the following sessions for your department.

- o Health Goals
- o Ergonomics 101
- o Meditation and Guided Relaxation
- o Campus Health Behaviors
- o Yoga at Your Desk



### Nutrition Guidance

Health Promotion and Wellness offers individual diet analysis and guidance for those striving to improve their lifestyle. If you are interested in scheduling this service contact Molly Dungan at [wellnessnutrition.illinosstate.edu](http://wellnessnutrition.illinosstate.edu) or 309-438-WELL.

## TIP OF THE HAT

~ Ramona Hartweg, Human Resource Representative

### WELCOME TO ISU – JULY 2011

- Matthew Melville, University Police Department
- Adam McCrary, Confined Space Asbestos Abatement
- Fanny Bowers, Environmental Health & Safety
- Jamie Watson, Intercollegiate Athletics
- Wendi Jo Seaman, Special Education



### PROMOTIONS/RECLASSIFICATIONS – JULY 2011

- William Waters, Supt Architectural, Construction Management
- Matthew Horton, Food Serv. Administrator II, Dining Services
- Carol Jalowiec, Graphic Designer Associate, University Marketing & Communications
- Kelly Walker, Benefits Counselor, Human Resources

### RESIGNATIONS – JULY 2011

- Yvonne Crutcher, Office of the Dean of Graduate School
- Jeremy Baker, Enterprise Systems Support
- James Cowdery, Dining Services
- Kristina Harris, Community Rights & Responsibility

### RETIREMENTS – JULY 2011

- John Weter, Account Technician II, Health Services

## POTPOURRI

~ Sarita Cox

### SYMPATHY – OUR SINCERE SYMPATHIES TO:



- Tim Gump, Executive Chef, on the loss of his father-in-law, Robert M. “Irish” O’Donnell. Mr. O’Donnell passed away on May 31, 2011.
- To the family of Tim Bell, Watterson Dining Commons, who passed away on July 6, 2011.

Co-workers said they enjoyed their recent lunches with Tim and will miss him greatly!

- Sheila Lake, Market Place at Linkins Center, on the loss of her mother, Corrie Mae Barker, who passed away on July 11, 2011.

### BIRTHS – CONGRATULATIONS GOING OUT TO:

- JoEllen Glass, BSC Retail Services, on the birth of her daughter, Jordan, on Saturday, July 2, 2011.
- Amanda Hendrix, eMerge/Administrative Technologies, on the birth of her daughter, Charlotte Marie Hendrix. Charlotte was born July 21, 2011. She weighed 7 lbs. and 7 oz. and was 20.5 inches long.
- Carol Pfoff, Educational Administration and Foundations, on the arrival of her granddaughter, Aubrey Elizabeth Pfoff, who was born on Monday, July 25, 2011. She weighed 8 lbs 7 oz. and was 19 inches long.
- Adam Listek, Student Affairs, and Susan Rogers, Human Resources, on the arrival of his daughter and her granddaughter, Harper Ellen Listek, on Aug. 2, 2011. Harper weighed 7 lbs. and 10 oz.



Report births, marriages, or deaths of immediate family members via email to [cscopenline@ilstu.edu](mailto:cscopenline@ilstu.edu). Notifications are not verified by birth, marriage, or death certificates.

## RAPE AGGRESSION DEFENSE CLASSES

~ Captain Nichol Bleichner, ISU Police

In November 2010, the University Police Department began teaching R.A.D., **Rape Aggression Defense** for women, to female students, faculty and staff members. “The primary focus of the program is the realistic development of self-defense options for women, before and during situations of imminent or actual abductive assault.” The program is designed to give opportunities for women to realize their inner power and strength through self-defense, and its great exercise too. This program is **FREE** and participants will be required to attend and complete 9-12 hours of training.

The next session will be held on Tuesdays and Thursdays starting September 6 through September 22. Applications are available on-line at the ISU R.A.D. website ([www.RAD.ilstu.edu](http://www.RAD.ilstu.edu)). Spaces are limited to 30 students; class times and location will be sent in a confirmation email to participants. We encourage past participants to attend as well. Hope to see you there!

## SERVICE AWARDS

~ David Schaafsma, Human Resources Asst. Director

### 30 YEARS

- Dara M. Gibson, 3420 University Marketing & Communications, 8/3/1981
- Darcy Anne Loy, 9100 Campus Services/Grounds, 8/26/1981
- Susan Marie Payne, 5800 Intercultural Programs, 8/12/1981



### 25 YEARS

- Mark Allen McClure, 9100 Campus Services/Grounds, 8/19/1986
- John Paul Weter, 2540 Health Services, 8/1/1986

### 20 YEARS

- Mary Elizabeth Anderson, 2610 Food Service, 8/26/1991
- Sarita Marlene Cox, 5570 MBA Program, 8/12/1991
- Erin Marie Dwyer, 3470 Business Intelligence & Technology Solutions, 8/30/1991
- William Gambardella, 9250 Parking and Transportation, 8/28/1991
- David Bruce Geshiwl, 2610 Food Service, 8/19/1991
- Karen Mary Orrick, 9000 Facilities Management, 8/16/1991
- Julie Ann Ryerson, 6700 Illinois Special Olympics, 8/5/1991
- Gail Christine Wertz, 2610 Food Service, 8/19/1991
- Cameo Lynn Wonnell, 2202 University Registrar, 8/19/1991

### 15 YEARS

- Christine Bull, 2610 Food Service, 8/5/1996
- Mildred Gardner, 2610 Food Service, 8/19/1996
- Michael S. Ivey, 9250 Parking and Transportation, 8/5/1996
- Shuntua Stonewall, 9240 University Police, 8/5/1996
- Sharon Laverne Tolbert, 2610 Food Service, 8/5/1996
- James Anthony Wall, 2610 Food Service, 8/19/1996

### 10 YEARS

- Shannon Laurel Anderson, 2660 Redbird Arena, 8/20/2001
- Steven E. Ball, 2600 University Housing Services, 8/13/2001
- Elizabeth A. Banks, 1200 Comptroller's Office, 8/13/2001
- Elizabeth L. Gerrard, 5100 Technology, 8/6/2001
- Cindy Ann Greskiwicz, 5000 College Applied Science & Technology, 8/6/2001
- Amanda Marie Hendrix, 3400 Emerge, 8/13/2001
- Denise J. Hilscher, 6360 Student Technology Support Services, 8/13/2001
- Mary Martha Hinthorne, 2610 Food Service, 8/9/2001

**CLASSIFIED ADVERTISEMENTS**

**For Sale:**



- Goat milk soap made in Kentucky. Fragrances: Rose garden, patchouli, honeysuckle, wintergreen, and rosemary. \$2.50 per bar. Call Linda at 825-3140.

**Personal Service:**

- Licensed day care--full/part time, healthy meals and snacks; fun. Call Judy 454-8003.
- Affordable personal training--customized plans to help you reach your fitness goals! Call Heather/242-2895 or *NewCreationFitness.net*
- Illinois #1 radon mitigation company for quality & customer satisfaction! Licensed over 10 years. David Smith Radon Remedies. Call 309-473-2955.



**NOTE: The Civil Service Council does not endorse any of the product(s) or service(s) included in the Classified Ads section of the OpenLine newsletter.**

**NEXT OPENLINE ARTICLE DEADLINE**

**31**

The next deadline to submit articles to the *OpenLine* newsletter will be **Wednesday, August 31**. Articles, news and ideas pertinent to civil service employees can be sent to the Civil Service Council newsletter staff ([cscopenline@ilstu.edu](mailto:cscopenline@ilstu.edu)).

**OpenLine Classified Ad Submission Form**

*All information must be printed clearly.*

First and Last name: \_\_\_\_\_

Employment status: Full time / part time / retired / \_\_\_\_\_

Home phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

ISU phone: \_\_\_\_\_ - \_\_\_\_\_

Best time to reach you at your home phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Campus Box/Dept: \_\_\_\_\_

Check one category:

- Free Items (\$2)
- For Sale-Auto (\$5)
- For Sale-Other (\$2)
- Personal Service (\$5)
- Wanted (\$2)

**ONE word per box. 20 words or less.**


Make checks payable to: Civil Service Council - *OpenLine*.

Send this completed form and payment by the published classified ad deadline (August 31) to:

**Maureen Peel, 1100 VP Finance & Planning, 438-5152**

For more information about advertising in the *OpenLine* visit [www.cscouncil.illinoisstate.edu/openline/](http://www.cscouncil.illinoisstate.edu/openline/)

